

Kootana Women's Centre
Palm Island

'UFELLA WAY'

'A Community Approach to combat
Domestic & Family Violence.'



19/08/2010

Introduction

- Kootana Women's Centre Palm Island was set up in 1986.

To provide short term accommodation for women and their children in distress.

- To give counselling and guidance and the development of a home makers service.
- To provide a follow up service.
- To act as a referral to local welfare agencies.
- To promote the involvement of women in community activities.
- To promote an atmosphere for women to use to reflect on their life styles and draw support to set ideals for themselves and their family.

Vision Statement

- To provide a service to cater for all family members to deal with domestic and family violence through a holistic approach.
- To empower clients and their families to overcome their violent behaviours.
- To develop and coordinate a community approach to address violence and destructive behaviours.

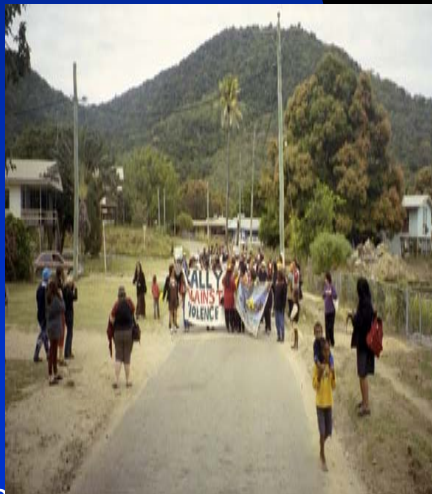
Management Plan

- Provide an effective service to meet the needs of clients and their families.
- Develop programs to support and enhance skills of the clients and family members to make positive life choices.
- Developing community involvement to build and bring families together.
- Develop building relationship programs to assist in the healing process in individuals lives.

Planned Programs / Conferences

- Building Relationships Workshops
 - Clients & their families
 - Service Providers
 - Clients & Service Providers
- Encouraging & Developing Leadership
- Empowering Women
- Perpetrator's Support & Resources
- Child & Family Support

Building Relationships



Vision Planning Meetings

- Community organisations
- Government departments
- Council
- * Government Initiatives
- Community Renewal
- Partnership Plans

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Encouraging & Developing Leadership



- Through traditional dancing
- Youth participation
- Community involvement
- Education
- Enhancing individuals skills
- Identifying strengths of individuals and building on them

Empowering Women



- To make positive choices to get out of domestic & family violence
- Find inner strength
- Develop support mechanisms
- Make a stand against injustices; sexual assault, child abuse/sexual abuse, all forms of violence⁸

Perpetrator's Program

- Network with community organisations of the resources and support that is available
- Promote education and awareness of the roles and responsibilities of men
- Provide activities on the effects that alcohol & drugs have on the family structure

Child & Family Support

- Provide support to children and their families who have suffered through sexual abuse, and all forms of abuse.
- Promote an awareness of Child Safety & protection issues.
- Protective Behaviours Workshops.
- Network and coordinate with community organisations and government departments.
- Develop strategies through case management practices for individual clients.
- Develop parental guidance courses for young parents.